Idaho Perinatal Project Newsletter

January 2013

Meet the Idaho Perinatal Project Advisory Board Members

Each month, we will introduce you to a member of our Advisory Board.

This month, we are featuring Declan O'Riordan, MD. We are proud to announce Dr. O'Riordan will be presenting *Infants of Diabetic Mothers: Not Just Glucose* at the Winter Conference on February 22, 2013.

Declan O'Riordan, MD

I have just joined the Idaho Perinatal Project board this year. In 2004, I moved to Boise to join St Luke's Neonatology after finishing my fellowship in neonatology at Johns Hopkins Hospital in Baltimore, where I had also done my pediatric training. My research interests in fellowship included examining the effects of HSV on premature infants and several projects related to lab models of perinatal...
asphyxia. My wife and I have 2 wonderful children, ages 3 and 4 years, and we devote much of our free time to raising the kids. In my free time, I enjoy fly fishing, bike riding, playing golf, and hiking.

Register Now! Visit www.idahoperinatal.org

Idaho Perinatal Project Winter Conference
February 21 & 22, 2013
Nampa Civic Center

This conference is designed for OB-GYN’s, neonatologists, pediatricians, physicians in family practice, & nurse health specialists in maternal/child/gynecological medicine.

The 2013 Idaho Perinatal Project Winter Conference is scheduled for February 21-22, 2013 at the Nampa Civic Center. To view all conference details and register to attend or exhibit, please visit www.idahoperinatal.org and click on the Winter Conference link in the upper right hand corner.

Keynote Speakers Include:

Sharon Myoji Schnare, RN, FNP, CNM, MSN, FAANP
Sharon Schnare is an Affiliate Instructor, Department of Family and Child Nursing University of Washington Seattle School of Nursing. She has been a nurse practitioner, teaching and in clinical practice for 34 years, and is a certified Family NP, Women’s Health NP and Nurse Midwife. She is a member and approved consultant of the American Society of Clinical Hypnosis.

Sharon served as Director of the Harbor-UCLA Women’s Health Care Nurse Practitioner Program and Assistant Regional Health Administrator for Family Planning, Department of Health and Human Services Office of Population Affairs, and as a member of the board of directors of Nurse Practitioners in Women’s Health (NPWH) and the Association of Reproductive Health Professionals (ARHP).

She has served on the editorial boards of Contraception Technology Update, Dialogues in Contraception, and The Contraception Report, and has published over 30 articles.

Sharon has written and developed hundreds of training materials and educational handouts on a variety of topics including health and contraception counseling, motivational interviewing, family planning, primary care, sexually transmitted infections, men’s & women’s health,
adolescent health, and sexuality. She has provided hundreds of educational and clinical training programs nationally and internationally in over 14 countries including Africa, the Middle East and Micronesia.

**Carey Winkler, MD**
Carey Winkler, MD, completed his fellowship in maternal fetal medicine at the University of Alabama at Birmingham. He is the former program director of the OB/GYN residency at Oregon Health Sciences University and currently is employed by Legacy Health Systems in Portland, Oregon. He has a special interest in preterm labor and preterm birth. Dr. Winkler will be presenting "Preterm Birth Triage and the Timing of Steroids". He will discuss the various technologies available to more effectively triage patients who present with symptoms of preterm labor to optimize length of stay, minimize potential costs and target effective therapies, corticosteroids and magnesium for neuroprotection, in the highest risk patient's who will benefit most from these interventions.

**Dixie Weber , RNC, MS & Rebecca Vahle, M.E.D.**
Dixie K. Weber is currently the Director of Woman and Children's Services at Eastern Idaho Regional Medical Center. She has been working with Rebecca Vahle on improving the adoption/surrogacy experience in the hospital setting for the last 5 years and recently has implement the first Idaho Family to Family Adoption Support Program. She has presented with Rebecca at the 2011 and 2012 AWHONN conference and has been an advocate for nursing education and hospital guidelines that better support the needs of the staff and families when caring for these patients.

Rebecca Vahle is the Adoption Liaison at Parker Adventist Hospital in Denver, Colorado. She created the Family to Family Hospital Based Adoption Support Program and has spent the last 7 years refining hospital staff education, creating adoption-sensitive hospital material, and creating supportive adoption and surrogacy clinical guidelines to better serve this patient population. She is the winner of the 2012 National Angles in Adoption Award, presented at the Annual AWHONN conference in 2011 and 2012, and has been recognized national for her work on infant adoption approaches in the hospital.

Dixie and Rebecca will be presenting "Supporting the Unique Family Through a Hospital-Based Support Program". Often it is told that adoption agencies and surrogate companies are forewarning their families that hospitals don't understand their unique situations. They are told to prepare themselves for insensitive comments and challenging attitudes. Without education, the staff only has their own personal opinions about these practices and this often affects the level of care the families receive. With no mandatory training in most hospitals, staff is left to support these families based on their own person biases and/or media features that inaccurately define the adoption or surrogate process. The Family to Family Adoption Support Program began in 2005 at Parker Adventist Hospital and has grown to include mandatory staff education, adoption and surrogacy-sensitive materials, and supportive guidelines to come alongside all parties involved in the adoption and surrogacy process.

**Eric Deutsch, MD**
Eric Deutsch, MD is a Board certified anesthesiologist and member of the Society for Obstetric Anesthesia and Perinatology, Division Chief of OB Anesthesia. Dr. Deutsch is certified in Advanced Perioperative Transephageal Echocardiography. He serves as the Division Chief of OB anesthesia for Anesthesia Associates of Boise, Idaho.

Dr. Deutsch will be presenting "Epidural Analgesics in Obstetrics (A Story of Walnuts and Compromise)".
Declan O'Riordan, MD
Declan O'Riordan, MD is a Neonatologist at St. Luke's Children's Hospital and also serves on the Idaho Perinatal Project Advisory Board (please see biography above).

Dr. O'Riordan will be presenting "Infants of Diabetic Mothers: Not Just Glucose". This lecture will be an overview of issues related to infants of diabetic mothers including a review of the most recent AAP guidelines on glucose management.

Paul McPherson, MD
Paul McPherson, MD is the Medical Director of CARES at St. Luke's Children's Hospital in Boise, Idaho. He completed his fellowship training in Child Abuse and Neglect. He has been published in the field of Pediatrics and Child Abuse and Neglect and has developed child maltreatment educational curriculum for medical students and residents. Dr. McPherson has testified numerous times as a qualified expert witness in child abuse and neglect.

Dr. McPherson will be presenting "Drug Exposed Infants", which will address the prevalence and incidence of drug exposed infants and caregiver demographics. Also included will be a discussion of co-morbidity of drug exposure in utero and subsequent child maltreatment and CPS response and a discussion of the current types of drug testing and limitations.

Cristin Slater, MD
Cristin Slater, MD is a Reproductive Endocrinologist at the Idaho Center for Reproductive Medicine in Boise, Idaho. She is also a teacher at the University of Washington.

She will be presenting "Infertility and Advanced Reproductive Technology: Objective Information & Ethical Considerations" and will focus on causes of infertility, infertility treatments and ethical issues associated with advanced reproductive technology.

Diana Alexander, MD
Diana Alexander, MD has been a member of the Pediatric Cardiology Department of St. Luke's Children's Hospital for the past 5 ½ years.

Dr. Alexander will be presenting "Screening for a Healthy Heart - Predischarge Saturation Monitoring" which will provide a review of the recommendations and rationale for newborn pulse oximetry screening for critical congenital heart disease.

January 2013 is Birth Defects Prevention Month
The National Center on Birth Defects and Developmental Disabilities is commemorating National Birth Defects Prevention Month during January. The theme for the campaign is that every 4 ½ minutes, a baby is born with a major birth defect and that birth defects are common, costly and critical. In collaboration with the National Birth Defects Prevention Network and with official support from the AAP, promotional and educational activities will occur throughout January. Materials are available on the NBDPN website in English and Spanish, including the latest research, data and statistics. Podcasts are available on the NCBDDD website.
Pledge to Support Spontaneous Labor

AWHONN has started a national pledge drive asking health pregnant women to support spontaneous labor. Sign the pledge to promote full term pregnancies completed by labor starting on its own at www.awhonn.org/full40pledge.

Prenatal Methamphetamine Exposure Linked With Problems

Please click here for an article regarding Prenatal Methamphetamine Exposure Linked with Problems from the National Institute of Drug Abuse.

Idaho Immunization Coalition

Please Idaho Immunization to view the Idaho Immunization Coalition December newsletter.

Calendar of Events

February 2013
2/21-2/22
Idaho Perinatal Project Winter Conference
Nampa Civic Center
Nampa, Idaho
Call 208-381-4174 or email Sarah Jacobson at jacobssa@slhs.org for more information
Please click here to view conference details and register

April 2013
4/17-4/19
RNC Exam Preparation:
NICU Comprehensive RNC & CCRN Certification Exam Review Course
Hilton Garden Inn
7699 West Spectrum St.
Hosted by Idaho Chapter AWHONN Conference
Click here to view brochure

September 2013
9/10-9/12 (13)
RNC Exam Preparation: Maternal & Low Risk Newborn
Oxford Suites Boise
1426 S. Entertainment Ave.
Hosted by Idaho Chapter AWHONN Conference
About Us
The primary purpose of the Idaho Perinatal Project is to reduce maternal and infant morbidity and mortality and to improve pregnancy outcomes throughout the state of Idaho.

Contact Us
Idaho Perinatal Project
103 W. State Street
Boise, Idaho 83702
208-381-4174
208-381-4677 (fax)
Sherry Iverson, Director ~ iversons@slhs.org
Sarah Jacobson, Coordinator ~ jacobssa@slhs.org