Save the Date - Idaho Perinatal Nurse Manager's Leadership Summit -
Please note: Location has changed to Boise, Idaho
The Idaho Perinatal Nurse Manager's Leadership Summit is scheduled for October 14-16, 2015, at the Hampton Inn in Downtown Boise. This is a location change from previous years.

Please contact Sarah Jacobson at 208-381-4174 or jacobssa@slhs.org for more information.

New guidelines for hospital discharge of newborns

May 21, 2015

By Karen Bardossi

The American Academy of Pediatrics (AAP) has issued a policy statement updating guidelines for releasing healthy term newborns from the hospital. The new guidelines aim to ensure that both baby and mother are ready to go home based on their unique situation.

Newborns and mothers need to stay in the hospital long enough to identify problems and make sure that the mother is adequately recovered and prepared to take care of herself and her newborn once she leaves the hospital, the guidelines state. The timing may vary based on a number of factors including the baby's health and stability; the mother's health and ability and confidence to manage at home; level of support in the home; and access to follow-up care.
The discharge decision should consider input from the mother and her obstetrical care providers and should allow for mother and child to go home together if at all possible, the AAP recommends.

Before discharge the infant should be free of illness or other reason to stay in the hospital as determined by clinical and physical examinations and have completed at least 2 successful bottle or breastfeeding sessions. The parent(s) should have an appropriate car seat for transporting their infant and know how to use it properly.

Please click here to view entire article.

Resources

Idaho Dairy Council

The Idaho Dairy Council has informational brochures available which providers can share with their pregnant patients.

To order this eight page booklet, which provides pregnant and breastfeeding women with helpful tips and information about nutrition, appropriate weight gain, physical activity, breastfeeding and postpartum recommendations, please click here.

Save the Date

Idaho Immunization Coalition Immunization Summit

The Idaho Immunization Coalition Immunization Summit is scheduled for September 21, 2015 at the Nampa Civic Center. To view the entire flyer, please click below.

Immunization Summit Flyer

Group issues recommendations to protect
newborns from whooping cough

The Global Pertussis Initiative says vaccinating pregnant women against whooping cough, followed by immediate family members, caregivers and other people who come in contact with infants, is the most effective way to prevent newborns from contracting the infection. Dr. Bonnie Maldonado, a member of the AAP committee on infectious diseases, said that vaccinating pregnant mothers offers up to 90% protection and the cocoon approach to inoculation offers 60% to 70% protection for infants against whooping cough. The recommendations were published in Pediatrics. Reuters (5/12).

Please click here to read the entire article.

Higher Altitude is Associated with Increased Risk of SIDS

A new study suggests that living at higher altitude is associated with increased risk of sudden infant death syndrome (SIDS). The study, "Sudden Infant Death Syndrome and Residential Altitude," in the June 2015 Pediatrics (published online May 25), examined birth and death registries in Colorado from 2007 to 2012, and compared the records with the altitudes of the infants' homes. Compared with infants who lived below 6,000 feet, infants who lived at an altitude higher than 8,000 feet had a 2.3 times higher rate of SIDS. The study confirmed several other factors that have been associated with increased risk of SIDS, including smoking, decreased birth weight, and lower socioeconomic status. Researchers also compared rates of SIDS before and after the 1994 introduction of the Back to Sleep campaign, and found the campaign produced a similar reduction in SIDS deaths at different altitudes. Study authors conclude that while the overall risk of SIDS is now low, the data suggest that altitude is independently linked with SIDS, and that this should be considered when counseling new parents about safe sleep. Further investigation is required to demonstrate the pathophysiology behind the association.

DVD's Available

The Idaho Perinatal Project has copies available of the following DVD’s:
The Happiest Baby on the Block
Purple Crying

If you would like a copy of these videos to place in your libraries or share with patients, please email Sarah Jacobson at jacobssa@slhs.org.

Calendar of Events

**August 2015**
8/6-8/8
Pediatrics West 2015
Zermatt Resort ~ Midway, Utah
Hosted by Primary Children's Hospital, in collaboration with St. Luke's Children's Hospital
Register at primarychildrens.org/pediatricswest
For additional information, please contact Sahar Ameri, BS 801-662-3504 or sahar.ameri@email.org
Pediatrics West Post Card

8/19
STD Update with Optional Clinical
Hotel 43, Boise, Idaho
Presented by The Seattle STD/HIV Prevention Training Center
For more information, contact Ronnie Staats, PTC Training Coordinator at rstaats@uw.edu or 206-685-9848

September 2015
9/21
Immunization Summit 2015
Nampa Civic Center, Nampa, Idaho
For additional information, please contact Karen Sharpnack at 208-961-1514

October 2015
10/14-10/16
Idaho Perinatal Nurse Manager's Leadership Summit
Hampton Inn - Downtown Boise, Idaho
For additional information, please contact Sarah Jacobson at 208-381-4174.

February 2016
2/18-2/19
Idaho Perinatal Project 2016 Winter Conference
Nampa Civic Center, Nampa, Idaho
For additional information, please contact Sarah Jacobson at 208-381-4174.

About Us
The primary purpose of the Idaho Perinatal Project is to reduce maternal and infant morbidity and mortality and to improve pregnancy outcomes throughout the state of Idaho.

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