

**TAKE THE COURSE  
SIT EXAM NEXT MORNING!**

NCC and PEC have collaborated to offer  
you the opportunity to take RNC exam on-site!

- 1) Register for course with PEC
- 2) Obtain \*Exam application from PEC
- 3) Send completed exam application to NCC  
Take the Inpatient OB Nursing exam day (3)

## INPATIENT OB

#1 UPDATE - REVIEW - PREP COURSE...

*A great opportunity to help achieve/maintain  
Magnet Hospital status!*

**SHARON HALL**  
**RNC, BSN, MS**

### SPRING - FALL 2012

**SAN FRANCISCO, CA - February 23-24 (25)**  
Embassy Suites San Francisco Airport  
250 Gateway Boulevard

**HONOLULU, HI - February 27-28 (29)**  
Host Hospital: The Queen's Medical Center  
Conference location TBA

**NEW YORK, NY - April 23-24 (25)**  
LaGuardia Marriott  
102-05 Ditmar's Blvd. (East Elmhurst)

**ATLANTA, GA - April 26-27 (28)**  
Host Hospital: Wellstar Health Systems  
Staff Development Center - 2000 South Park Place

**LAS VEGAS, NV - May 7-8 (9)**  
Tuscany Suites & Casino  
255 E. Flamingo Road

**BOISE, ID - May 10-11 (12)**  
Hosted by AWHONN Idaho Chapter  
Double Tree Boise Riverside - 2900 Chinden Blvd.

**PHILADELPHIA, PA - May 21-22 (23)**  
Hilton City Avenue  
4200 City Avenue

**CHICAGO, IL - May 24-25 (26)**  
Host Hospital: Advocate Lutheran General -Olson  
Auditorium - 1775 W. Dempster Park Ridge, IL

**BOSTON, MA - October 8-9 (10)**  
Hilton Boston Woburn  
#2 Forbes Road (Woburn)

**INDIANAPOLIS, IN - October 11-12 (13)**  
Embassy Suites North  
3912 Vincennes Rd.

**DENVER, CO - November 5-6 (7)**  
Host Hospital: Exempla Good Samaritan  
Conf. Center 200 Exempla Circle Lafayette, CO

**SACRAMENTO, CA - November 8-9 (10)**  
Lions Gate Hotel and Conference Center  
3410 Westover Street

*Professional*  
**EDUCATION CENTER**  
[www.proedcenter.com](http://www.proedcenter.com)

P.O. Box 7447 Chico, CA 95927-7447  
800-732-2387



## SHARON HALL RNC, BSN, MS

Nationally recognized educator, author and nurse advocate, Sharon brings you over 30 years of clinical expertise and commitment to OB nursing.

Author of numerous articles and text chapters focusing on perinatal and critical care, Sharon has published multiple articles in **JOGNN, MCN, Lifelines**, and the **Manual of Maternal Newborn Nursing**.

Sharon is an established clinical nurse specialist, legal consultant, expert witness, and frequent speaker for AWHONN and other local, state and national organizations. Sharon has received RAVE REVIEWS for her knowledge, humorous presentation style, clinical based programs, and accessibility to participants!

**Join Sharon as she prepares you with the intense clinical background knowledge you need to know for everyday practice and gives those who wish to take the RNC exam the leading edge!**

### WHAT PEOPLE SAY...

**Although we receive hundreds of comments and emails, we believe this letter received via email Spring 2009 says it all...**

*"Dear Sharon, I am so pleased with your class. Four of us from Jacksonville, FL came to your course in NY back in April. When the last day was over we were all able to walk away and say to each other, 'even if we didn't pass the exam we felt as if we had grown tremendously in our nursing career just by attending your course'. You kept it interesting the WHOLE time, never did I look at the clock and say 'is it almost over?' because I loved to hear you talk and soak in the information. I kept thinking to myself during the class, 'man I wish I worked with or for her'! Since our return, before we got our test results, we have encouraged the rest of our unit to take the course... With much enthusiasm, I report to you and PEC that ALL of us passed the exam!*

*...With sincere gratitude." CF, RNC Florida*

#### CONTINUING EDUCATION CREDITS

Professional Education Center (PEC) is a provider approved by the California Board of Registered Nursing, Provider #9890, Iowa #290, and Kansas #LT0170-0261 for 16 (8/ day) Contact Hours.

Professional Education Center is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Alabama Provider #5-67 and Florida FBN #2219 for 14 Contact Hours (7 each day). Meets Texas Type I criteria. This program is designed to meet Board of Nursing CE requirements for license renewal in all 50 states.

**CE Certificate is issued at program conclusion.**

### WHO SHOULD ATTEND?

- **Labor & Delivery & LDRP Nurses**
- **Nurses New to OB**
- **Nurses Needing Cross-Training to L&D**
- **Nurses planning to take the Inpatient OB RNC Exam**  
**(With optional paper/pencil exam on site)**
- **Nurses needing certification for Magnet Hospital status + maintaining CE credits**

**This course will update your clinical knowledge base. You will review key clinical care issues from admission through delivery - with examples for decision making and best-case clinical choice selection! If you are preparing for the RNC certification exam, the course content compliments NCC published InPatient OB Exam Outline.**

### PROGRAM OBJECTIVES:

**Following comprehensive lecture, discussion, A-V, presentation and case review, you will be able to:\*\***

- Demonstrate knowledge of biological, physiological, psychological, and sociocultural factors that influence the pregnant family, developing fetus and impact care.
  - Identify alterations in the biological, physiological, psychological, and sociocultural status of the mother, fetus and implications for the newborn.
  - Identify patient's actual or potential problems/needs, utilizing information received from the patient, the family, appropriate records, and other health team members.
  - Develop a comprehensive plan for individualized nursing care, including diagnostic, therapeutic, and patient education components.
  - Evaluate interventions and modify the plan of care.
  - Apply current standards of practice, research findings and ethical/legal principles in providing nursing care to the normal and high risk antepartal, intrapartal, and postpartal family.
- \*\*Taking the review course does not guarantee passing the exam.**

**Would you like to bring this program to your hospital?**

**Call 800-732-2387 or email [cindy@proedcenter.com](mailto:cindy@proedcenter.com)**

#### GUARANTEE - CANCELLATION - TAXES

**GUARANTEE:** If you are not satisfied with the content and presentation of this program, notify the registrar by 12 noon on 1st day of attendance for refund of registration fees. **CANCELLATIONS:** Up to **7 days** before the program choose: Registration fee refund minus \$25 per day administrative fee or full value credit letter. **Cancellation within 7 days:** No monetary refund. Send a substitute or request a credit letter (minus \$25/day administrative fee) which will allow you to apply fees to a future program of your choice. If program cannot be held due to circumstances beyond our control (natural disaster, strike, etc.) the seminar will be rescheduled if possible. Registrants may choose free admission to the rescheduled program, credit voucher good for any future PEC program, or if unable to reschedule, tuition refund. PEC reserves the right to substitute qualified speaker(s) in response to emergency circumstances beyond our control. **CE tuition, travel/meal expenses are tax deductible.** Consult your tax advisor for details.

# INPATIENT OB COURSE: Maternal/Fetal/Neonatal

## Day One

- 7:30 Check In - Coffee/Tea/Decaffe**  
**8:00 PHYSIOLOGY OF PREGNANCY: Systems Adaptation**
- Cardiovascular, Hematologic & Respiratory
  - Renal, GI, & Endocrine • ECG Changes
- MATERNAL FACTORS: Affecting Fetus/Newborn**
- Pregnancy History Factors • Laboratory Assessment
  - Psychosocial Adaptation, Prenatal Education
  - High Risk Pregnancy Designations
- MATERNAL DISEASE IN PREGNANCY**
- Hypertensive Disease • Eclampsia/HELLP Syndrome
  - Diabetes Classification, Screening, Antidiabetogenic Drugs, Hyperinsulinemia, Keotacidosis
  - Autoimmune Disease: RhD Negative, Lupus, Antiphospholipid Syndrome
- ACUTE & CHRONIC DISEASE PROCESS**  
**NUTRITION & WEIGHT GAIN**  
**PHARMACOLOGY IN PREGNANCY:**
- Care across Pregnancy-Labor-Birth-Newborn
- PERINATAL INFECTION: Bacterial - Parasitic - Viral**  
**INITIATION OF LABOR**
- The 4 P's Revisited.....

## Day Two

- 7:30 Check In - Coffee/Tea/Decaffe**  
**8:00 PHASES OF LABOR: Management & Documentation**
- Bishop Score - Labor Cures - Cardinal Movements
  - Analgesia - Anesthesia - Epidural
  - Delivery: Spontaneous - Assisted - Shoulder Dystocia
  - Placental Abnormalities • Staffing Ratios
- DYSFUNCTIONAL LABOR**
- Cervical Ripening: Mechanical & Pharmacological
  - Oxytocin Management
- COMPLICATIONS OF PREGNANCY - BIRTH**
- Postterm Pregnancy • Breech • Prolapse Cord
  - Amniotic Fluid Abnormalities • Cephalic Version
  - Cesarean Birth • Preterm Labor • PROM
  - Hemorrhagic Risks: Previa - Abruptio - Uterine Rupture
  - DIC • Multifetal Gestation • Trauma in Pregnancy
  - Code Blue • Metabolic Values
- GENETICS - RESEARCH - ETHICAL DECISION MAKING - LEGAL ISSUES: Key Concepts & Discussion**  
**TEST TAKING: Guidelines, Strategies & Tips - included each day**

**Program Schedule Day 1&2: 7:30am - 4:00 pm**

**LUNCH PROVIDED 12 NOON-1:00 pm**

**Complete Course Syllabus, Morning Coffee/Tea and Afternoon Soft Drinks**

**DAY 3: NCC Exam: 7:30 am Check-in w/Breakfast Exam 8:00-11:00 am (must have NCC approval letter)**

### BONUS! ADDITIONAL STUDY MATERIAL IN HANDOUT

Highlights to be briefly outlined in class as time allows:

<b>FETAL ASSESSMENT:</b>	Biophysical/chemical Assessment, NST, CST, BPP, AWHONN Standards, Application of NICHD EFM Terms...
<b>POSTPARTUM:</b>	Adaptations & Complications
<b>NEWBORN:</b>	Transition, Adaptation Assessment & Interventions
<b>PLUS:</b>	Extensive Bibliography & Resources

*\*You must obtain the special four page PEC-NCC Exam application from Professional Education Center, [www.proedcenter.com](http://www.proedcenter.com) complete and mail to NCC.*

## REGISTRATION: 2012 In Patient OB Review Course

NAME \_\_\_\_\_ License# \_\_\_\_\_

RN  APN  CNM  MD/DO  PA Other: \_\_\_\_\_

LVN/PN (may take course for CE but are not eligible to take NCC RNC exam.)

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Day Phone (\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_

Hospital/Clinic I work with: \_\_\_\_\_ Group Registration

Practice Area:  LD  PP  NSY  AP  Med. Office  Education

Check Payable to: Professional Education Center (PEC)

VISA  MasterCard  DISCOVER  AMERICAN EXPRESS

Card #s \_\_\_\_\_ Exp. \_\_\_\_\_

I Prefer a Vegetarian lunch - available with preregistration only

\* To take the NCC RNC exam on-site, you must obtain and send exam application to NCC.

San Francisco, CA	<input type="checkbox"/> 2/23	<input type="checkbox"/> 2/24	* <input type="checkbox"/> 2/25
Honolulu, HI	<input type="checkbox"/> 2/27	<input type="checkbox"/> 2/28	* <input type="checkbox"/> 2/29
New York, NY	<input type="checkbox"/> 4/23	<input type="checkbox"/> 4/24	* <input type="checkbox"/> 4/25
Atlanta, GA	<input type="checkbox"/> 4/26	<input type="checkbox"/> 4/27	* <input type="checkbox"/> 4/28
Las Vegas, NV	<input type="checkbox"/> 5/7	<input type="checkbox"/> 5/8	* <input type="checkbox"/> 5/9
Boise, ID	<input type="checkbox"/> 5/10	<input type="checkbox"/> 5/11	* <input type="checkbox"/> 5/12
Philadelphia, PA	<input type="checkbox"/> 5/21	<input type="checkbox"/> 5/22	* <input type="checkbox"/> 5/23
Chicago, IL	<input type="checkbox"/> 5/24	<input type="checkbox"/> 5/25	* <input type="checkbox"/> 5/26
Boston, MA	<input type="checkbox"/> 10/8	<input type="checkbox"/> 10/9	* <input type="checkbox"/> 10/10
Indianapolis, IN	<input type="checkbox"/> 10/11	<input type="checkbox"/> 10/12	* <input type="checkbox"/> 10/13
Denver, CO	<input type="checkbox"/> 11/5	<input type="checkbox"/> 11/6	* <input type="checkbox"/> 11/7
Sacramento, CA	<input type="checkbox"/> 11/8	<input type="checkbox"/> 11/9	* <input type="checkbox"/> 11/10

**\*TO OBTAIN PEC/NCC APPLICATION TO SIT NCC In Patient Obstetrics Exam:**

**Download or Call:**  
[www.proedcenter.com](http://www.proedcenter.com)  
**800-732-2387**

*\*NCC application: MUST be postmarked a minimum of 3 weeks ahead of program date. Please contact NCC if you have applied and have not received your admission letter.*

### LUNCH IS INCLUDED IN FEES

PRE-PAID FEES	Both Days	One Day
___ Individual	<input type="checkbox"/> \$329	<input type="checkbox"/> \$199
___ Group 4-9**	<input type="checkbox"/> \$319	<input type="checkbox"/> \$189 each**
___ Group 10+**	<input type="checkbox"/> \$309	<input type="checkbox"/> \$179 each**

I want to study before the class - Send me Core-Curriculum Maternal-Newborn Nursing Text \$99.95 w/24 hr CE + \$9 S/H (this is a recommended, not required additional study reference)

**\*\*Groups MUST PRE-REGISTER TOGETHER**

**Group Rate is not available at the door....**

**AT THE DOOR PAYMENT/REGISTRATION: \$359/\$229**

Applicants for the NCC Exam at PEC In Patient OB course site **MUST submit special form to NCC and attend at least one day of the course to qualify** for discount exam fee for the NCC exam at course site.

### EASY REGISTRATION:

**On-line @ [www.proedcenter.com](http://www.proedcenter.com)**

**Call Today With Any Major Credit Card**

**800-732-2387 9am-4pm M-F (PST)**

**24 Hour Registration: FAX 530-343-3575**

**OR**

**Mail This Course Registration To:**

**Professional Education Center**

**P.O. Box 7447**

**Chico, California 95927-7447**

The NCC Inpatient OB Core exam is separate from and has no affiliation with this course, it is a service/option for PEC In Patient OB course registrants. If you wish to take the NCC exam following PEC review course presentation, you must obtain and complete the special PEC-NCC Exam application and send directly to NCC. **TO OBTAIN THE EXAM FORM:** download at [www.proedcenter.com](http://www.proedcenter.com) or call PEC at 800-732-2387. \*ONLY the special PEC-NCC application may be used for testing at these sites. Application MUST be postmarked no later than 21 days prior to exam date. Submission of application does not guarantee acceptance by NCC to sit the exam. Testing site inclusion does not constitute NCC endorsement of course, course content, or materials provided. NCC and PEC are not affiliated organizations. A collaborative effort has provided an educational (PEC) and testing (NCC) opportunity available to clinicians nationwide. Neither PEC or NCC is responsible for delayed mail. NCC sends admission letter - you MUST have yours to sit the exam.

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P.O. Box 7447  
Chico, California 95927-7447

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## INPATIENT OB COURSE

#1 Choice for OB Professionals

THIS CLASS HAS  
WHAT YOU NEED TO..

- Update/Establish your practice
- Prepare for the RNC Exam!
- Prepare-Maintain Magnet Status!

PLEASE POST - THANK YOU!

### RNC EXAM INFORMATION CONTACT-DETAILS:

#### Special PEC-NCC EXAM APPLICATIONS:

Download at: [www.proedcenter.com](http://www.proedcenter.com)  
or Phone PEC at 800-732-2387

NCC questions go to: [www.ncnet.org](http://www.ncnet.org)

CE CREDITS: BRN 16 Contact Hours (8 per day);

ANCC - 14 Contact Hours (7 per day) (Includes 1.5 Pharmacology)

Professional Education Center is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Professional Education Center is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course is approved for contact hours applicable for RN, LPN, or LMHT relicensure. Kansas State Board of Nursing provider number: LT01700261

Neither program planners nor presenters have any commercial conflict of interest.

## 2012 PROGRAM LOCATION - LODGING

**SAN FRANCISCO, CA - February 23-24 (25)**  
Embassy Suites San Francisco Airport  
250 Gateway Blvd., South San Francisco, 94080  
650-589-3400 \$149

**HONOLULU, HI - February 27-28 (29)**  
The Queen's Medical Center  
Lodging: Prince Resorts Hawaii,  
100 Holomoana St., Honolulu, HI 96815  
808-944-4491 - \$179

**NEW YORK, NY - April 23-24 (25)**  
LaGuardia Marriott - 102-05 Ditmars Blvd.  
East Elmhurst, NY 11369  
718-565-8900 - \$189

**ATLANTA, GA - April 26-27 (28)**  
Wellstar Health Systems  
Lodging: Doubletree NW  
2055 South Park Place, Atlanta, GA 30339  
770-272-9441 - \$99  
Ask for "Wellstar Health Systems" Rate

**LAS VEGAS, NV - May 7-8 (9)**  
Tuscany Suites & Casino - 255 E. Flamingo Road  
Las Vegas, NV 89169  
877-887-2261 - \$45 S/D Sun-Thurs;  
"In Patient OB NCC"

**BOISE, ID - May 10-11 (12)**  
Double Tree Boise Riverside  
2900 Chinden Blvd., Boise, ID 83714  
208-343-1871 - \$89

**PHILADELPHIA, PA - May 21-22 (23)**  
Hilton City Avenue  
4200 City Avenue Philadelphia, PA 19131  
215-879-4000 - \$159

**CHICAGO, IL - May 24-25 (26)**  
Advocate Lutheran General Hospital  
LODGING: Westin O'Hare - 6100 N. River Rd.  
Rosemont, IL 60018  
847-698-6000 - \$139

**BOSTON, MA - October 8-9 (10)**  
Hilton Boston Woburn - #2 Forbes Road  
Woburn, MA 01801  
781-932-0999 - \$149 S/D

**INDIANAPOLIS, IN - October 11-12 (13)**  
Embassy Suites North - 3912 Vincennes  
Indianapolis, IN 46268  
317-872-7700 - \$129 S/D

**DENVER, CO - November 5-6 (7)**  
Exempla Good Samaritan Medical Center  
Lodging: Renaissance Boulder Flatiron Hotel  
500 Flatiron Blvd. Broomfield, CO. 80021  
303-464-8400 - \$139.

**SACRAMENTO, CA - November 8-9 (10)**  
Lions Gate Hotel and Conference Center  
3410 Westover St. North Highlands, CA. 95652  
916-643-6222 - \$109 S/D

REGISTRATION FEES INCLUDE LUNCH - Parking Fees (if any) are the responsibility of the participant.

**PROGRAM LOCATION:** If location change becomes necessary, registered conference participants will be notified. **HOTEL RESERVATIONS:** Please request the Professional Education Center discount rate listed above. Please make your reservations early, discounts available 30 or more days prior to conference, as space remains available. **PROFESSIONAL EDUCATION CENTER** is dedicated to providing education you can use - education that makes a difference! **JOIN THE CROWD:** Our attendees represent the best and most prestigious medical care facilities including: Johns Hopkins, Mayo Clinics/Hospitals, Brigham and Women's Hospital, University of Illinois, Parkland Hospital, Kaiser Foundation Hospitals, Cedars-Sinai, Good Samaritan Hospitals, University of California Medical Centers, Beth-Israel, Columbia Hospitals, Baylor University Hospitals, Massachusetts General, Cleveland Clinic, and 100's of others. The opportunity to share experiences and network with your peers is just one more reason to choose Professional Education Center for your CE programs!